

Letter to the Editor

Increased Serum Alpha-Melanocyte Stimulating Hormone (Alpha-MSH) in Human Malignant Melanoma

G. GHANEM,*† D. LIÉNARD,* P. HANSON,* F. LEJEUNE* and J. FRÜHLING†

**Laboratory of Oncology and Experimental Surgery and †Laboratory of Radioisotopes, Department of Radiotherapy, Jules Bordet Institute, Université Libre de Bruxelles, Brussels, Belgium*

ALPHA-MELANOCYTE stimulating hormone (alpha-MSH) is a pituitary peptide responsible for increasing melanin synthesis by melanocytes in vertebrates. Despite the important physiological role of this hormone, alpha-MSH determination in normal human plasma has only been reported by a few investigators. High alpha-MSH levels (> 80 pg/ml) have been described in 50% of pregnant women plasma at the term of the gestation [1]. Similar levels (> 60 pg/ml) have been found in healthy adults, while variations of these levels have been described according to psoralen and UVA exposure, depending on the skin phototype [2, 3]. Other researchers could not detect alpha-MSH in human plasma [4].

Since human malignant melanoma cells can express alpha-MSH receptors [5], alpha-MSH determination in patients suffering from this disease became of interest. We have developed a sensitive and specific radioimmunoassay to study alpha-MSH concentration profiles in melanoma patients' and healthy persons' sera. Technically, a modification of the Chloramine-T2 iodination (^{125}I) method, which we have already described [6], was used together with an antiserum that gave cross-reactions of less than 0.001% with peptides closely related to alpha-MSH [7].

Our updated results show 3 times more detectable serum alpha-MSH levels in 64 (34.4%) out of 186 melanoma patients (regardless of the clinical evolution) as compared to 11.2% in 71 control

patients. In the cord blood of 280 new-born children, 39.3% showed detectable quantities of the hormone.

Furthermore, in melanoma patients, we could see alpha-MSH concentrations increasing in 17 out of 27 progressing to stage III (disseminated) melanoma cases before chemotherapy — 15 out of 25 at stage III and two out of two at stage II. In contrast, we have found a significant decrease of alpha-MSH in nine out of 11 advanced melanoma patients (stage III) who responded to chemotherapy (eight partial remissions and one complete remission). The remaining patients with high alpha-MSH levels but no sign of dissemination, were found in 17 out of 18 cases to belong to the group of skin phototype I and II — i.e. burning after exposure to u.v. light.

Since alpha-MSH pituitary release has been demonstrated to be controlled by a mass action-type feed back [8] and to depend on skin irradiation as a peripheral sensor to u.v. [2, 3], we may tentatively conclude that increased alpha-MSH in melanoma is not due to paraneoplastic tumour secretion but rather to an increased central release. Malignant melanoma progression and skin u.v. irradiation might serve as a positive feed back mechanism. Although we cannot yet explain the pathological mechanism(s) whereby plasma alpha-MSH levels can increase in melanoma, our results amply justify further studies of alpha-MSH as a potential tumour marker in melanoma.

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Correspondence should be sent to: G. Ghanem, Laboratory of Oncology and Experimental Surgery, Jules Bordet Institute, Rue Hégier-Bordet 1, 1000 Brussels, Belgium.

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